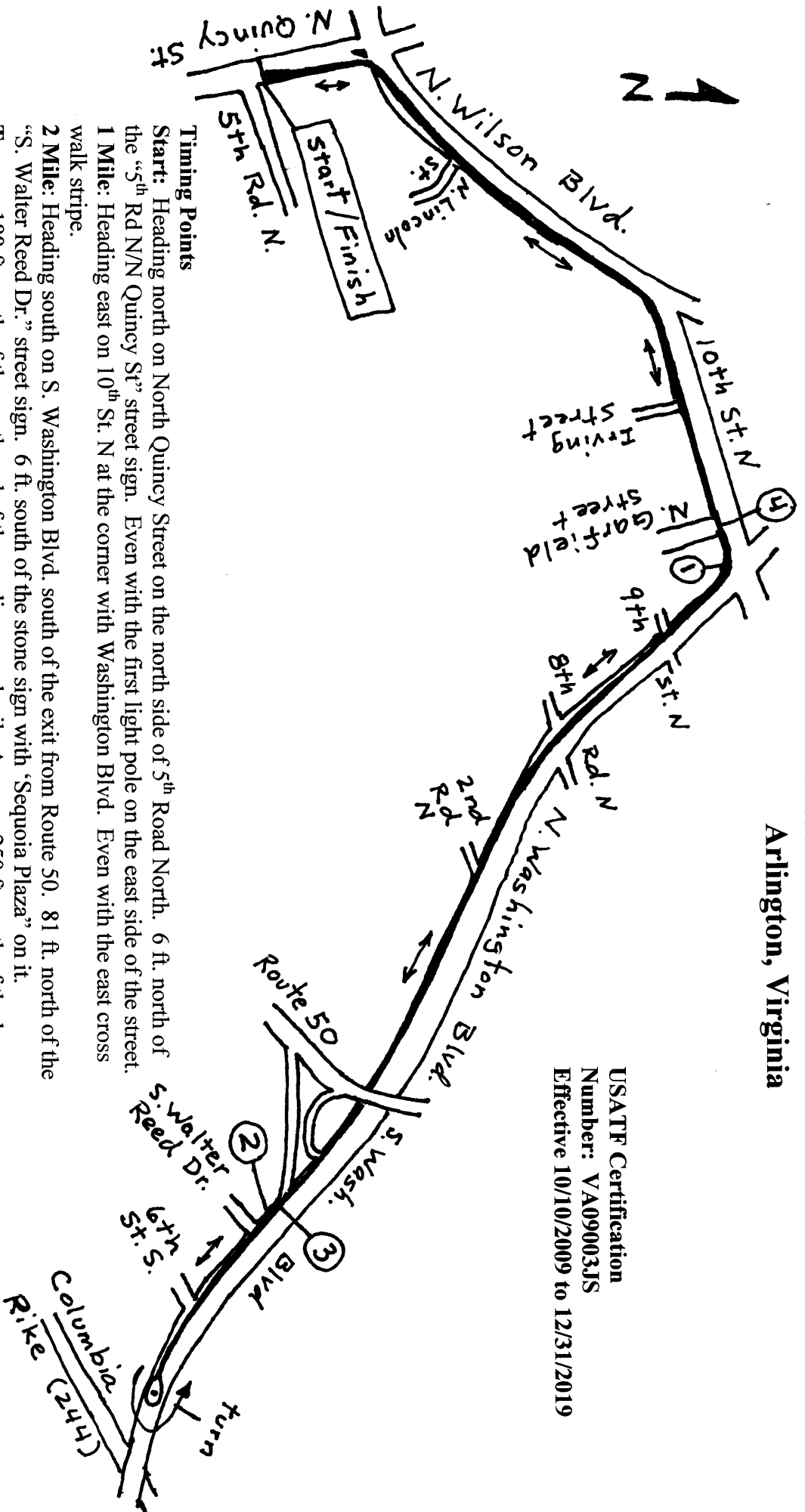


Race for a Cause 8K

Arlington, Virginia

USATF Certification
 Number: VA09003JS
 Effective 10/10/2009 to 12/31/2019



Timing Points

- Start:** Heading north on North Quincy Street on the north side of 5th Road North. 6 ft. north of the "5th Rd N/N Quincy St" street sign. Even with the first light pole on the east side of the street.
- 1 Mile:** Heading east on 10th St. N at the corner with Washington Blvd. Even with the east cross walk stripe.
- 2 Mile:** Heading south on S. Washington Blvd. south of the exit from Route 50. 81 ft. north of the "S. Walter Reed Dr." street sign. 6 ft. south of the stone sign with "Sequoia Plaza" on it.
- Turn:** 188 ft. north of the north end of the median guard rail. Approx. 250 ft. north of the large green overhead "to 395" and "244" road sign. 40 ft. north of "Speed Limit 25" sign on northbound side of road.
- 3 mile:** 161 ft. north of the stone sign with "Sequoia Plaza" on it. 167 ft. north of the 2 mile mark.
- 4 Mile:** heading west on 10th St. N. In the intersection with N. Garfield St. 30 ft. east of the "N Garfield St" street sign. 161 ft. west of the 1 mile mark.
- Finish:** Same as **Start**